

Vrij Rijden - Expert Circuit Training - 2025-07-24

All Laptimes are available on www.getraceresults.com

Expert Circuit Training

24 July 2025
- 4000 mtr.

Pos	Nbr	Name	Fastest	In	Gap	Diff	Laps	Km / h
1	237	Rider 237	1:39.783	6			8	144.31
2	247	Rider 247	1:40.559	4	0.776	0.776	8	143.20
3	225	Rider 225	1:41.000	6	1.217	0.441	7	142.57
4	206	Rider 206	1:41.950	7	2.167	0.950	8	141.25
5	205	Rider 205	1:42.070	7	2.287	0.120	8	141.08
6	250	Rider 250	1:42.709	8	2.926	0.639	8	140.20
7	261	Rider 261	1:42.983	2	3.200	0.274	6	139.83
8	233	Rider 233	1:43.086	6	3.303	0.103	8	139.69
9	262	Rider 262	1:43.622	6	3.839	0.536	7	138.97
10	227	Rider 227	1:43.858	5	4.075	0.236	7	138.65
11	220	Rider 220	1:43.959	2	4.176	0.101	5	138.52
12	218	Rider 218	1:44.284	3	4.501	0.325	5	138.08
13	264	Rider 264	1:44.572	2	4.789	0.288	8	137.70
14	242	Rider 242	1:44.602	4	4.819	0.030	5	137.66
15	249	Rider 249	1:44.723	5	4.940	0.121	8	137.51
16	196	Rider 196	1:44.779	2	4.996	0.056	4	137.43
17	234	Rider 234	1:44.849	5	5.066	0.070	8	137.34
18	221	Rider 221	1:44.974	3	5.191	0.125	8	137.18
19	240	Rider 240	1:45.295	7	5.512	0.321	8	136.76
20	246	Rider 246	1:45.331	6	5.548	0.036	7	136.71
21	263	Rider 263	1:45.750	2	5.967	0.419	8	136.17
22	260	Rider 260	1:45.766	5	5.983	0.016	6	136.15
23	241	Rider 241	1:46.015	3	6.232	0.249	7	135.83
24	248	Rider 248	1:46.098	5	6.315	0.083	7	135.72
25	223	Rider 223	1:46.229	1	6.446	0.131	8	135.56
26	216	Rider 216	1:46.398	6	6.615	0.169	7	135.34
27	222	Rider 222	1:46.524	6	6.741	0.126	7	135.18
28	243	Rider 243	1:46.636	2	6.853	0.112	8	135.04
29	265	Rider 265	1:46.639	1	6.856	0.003	4	135.04
30	238	Rider 238	1:46.650	3	6.867	0.011	8	135.02
31	230	Rider 230	1:46.664	2	6.881	0.014	5	135.00
32	251	Rider 251	1:47.136	1	7.353	0.472	3	134.41
33	214	Rider 214	1:47.299	5	7.516	0.163	8	134.20
34	239	Rider 239	1:47.420	3	7.637	0.121	7	134.05
35	229	Rider 229	1:47.667	6	7.884	0.247	7	133.75
36	217	Rider 217	1:47.811	5	8.028	0.144	7	133.57
37	219	Rider 219	1:47.840	6	8.057	0.029	7	133.53
38	256	Rider 256	1:47.958	5	8.175	0.118	6	133.39
39	215	Rider 215	1:47.994	4	8.211	0.036	7	133.34
40	213	Rider 213	1:48.004	5	8.221	0.010	7	133.33
41	235	Rider 235	1:48.035	6	8.252	0.031	7	133.29
42	253	Rider 253	1:48.185	1	8.402	0.150	8	133.11
43	257	Rider 257	1:48.452	6	8.669	0.267	8	132.78
44	228	Rider 228	1:48.647	1	8.864	0.195	5	132.54
45	267	Rider 267	1:48.891	5	9.108	0.244	7	132.24
46	245	Rider 245	1:49.257	6	9.474	0.366	7	131.80
47	259	Rider 259	1:49.773	6	9.990	0.516	8	131.18
48	209	Rider 209	1:49.800	7	10.017	0.027	8	131.15
49	210	Rider 210	1:50.380	4	10.597	0.580	6	130.46
50	207	Rider 207	1:50.877	1	11.094	0.497	7	129.87
51	266	Rider 266	1:50.992	3	11.209	0.115	6	129.74
52	252	Rider 252	1:51.804	1	12.021	0.812	7	128.80
53	231	Rider 231	1:51.855	1	12.072	0.051	2	128.74
54	211	Rider 211	1:51.894	1	12.111	0.039	5	128.69
55	244	Rider 244	1:53.463	3	13.680	1.569	5	126.91
56	258	Rider 258	1:54.059	3	14.276	0.596	6	126.25