

# Vrij Rijden - Advanced en Basic - 2025-08-11

All Laptimes are available on [www.getraceresults.com](http://www.getraceresults.com)

## Advanced training Laptimes - Session 4

11 August 2025

| Nbr | Name / Team name | 1        | 2        | 3        | 4        | 5        | 6        | 7        | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 |
|-----|------------------|----------|----------|----------|----------|----------|----------|----------|---|---|----|----|----|----|----|----|
| 137 | Rider 137        | 2:13.292 | 2:10.601 | 2:01.644 | 2:01.442 | 2:00.807 | 2:01.472 | 2:27.607 |   |   |    |    |    |    |    |    |
| 138 | Rider 138        | 2:14.445 | 2:04.727 | 2:00.678 | 2:00.767 | 2:07.211 | 2:03.472 | 2:21.478 |   |   |    |    |    |    |    |    |
| 139 | Rider 139        | 2:21.755 | 2:25.873 | 2:25.513 | 2:28.013 | 2:45.409 |          |          |   |   |    |    |    |    |    |    |
| 141 | Rider 141        | 2:21.005 | 2:25.786 | 2:24.841 | 2:22.837 | 2:34.852 |          |          |   |   |    |    |    |    |    |    |
| 142 | Rider 142        | 2:18.345 | 2:15.306 | 2:19.557 | 2:17.212 | 2:09.209 | 2:08.788 | 2:29.587 |   |   |    |    |    |    |    |    |
| 144 | Rider 144        | 2:19.971 | 2:19.376 | 2:24.551 | 2:23.323 | 2:22.235 | 2:20.701 |          |   |   |    |    |    |    |    |    |
| 145 | Rider 145        | 2:19.855 | 2:18.249 | 2:18.502 | 2:13.607 | 2:11.094 | 2:10.975 | 2:36.517 |   |   |    |    |    |    |    |    |
| 147 | Rider 147        | 2:19.902 | 2:13.407 | 2:19.014 | 2:17.134 | 2:08.365 | 2:08.959 | 2:29.763 |   |   |    |    |    |    |    |    |
| 148 | Rider 148        | 2:19.823 | 2:16.161 | 2:16.217 | 2:17.619 | 2:08.166 | 2:09.797 | 2:29.793 |   |   |    |    |    |    |    |    |
| 149 | Rider 149        | 2:18.939 | 2:08.340 | 2:13.641 | 2:08.171 | 2:07.135 | 2:08.771 | 2:39.856 |   |   |    |    |    |    |    |    |
| 153 | Rider 153        | 2:15.223 | 2:12.153 | 2:12.052 | 2:04.332 | 2:04.104 | 2:01.812 | 2:00.906 |   |   |    |    |    |    |    |    |
| 154 | Rider 154        | 2:19.586 | 2:16.253 | 2:33.611 | 2:28.448 | 2:06.639 | 2:06.745 |          |   |   |    |    |    |    |    |    |
| 155 | Rider 155        | 2:14.162 | 2:11.495 | 2:04.174 | 2:00.049 | 2:05.191 | 2:04.716 | 2:28.693 |   |   |    |    |    |    |    |    |
| 156 | Rider 156        | 2:14.257 | 2:11.848 | 2:02.568 | 2:01.749 | 2:04.805 | 2:03.400 | 2:26.757 |   |   |    |    |    |    |    |    |
| 157 | Rider 157        | 2:20.643 | 2:06.606 | 2:03.652 | 2:08.654 | 2:06.597 | 2:04.357 | 2:30.153 |   |   |    |    |    |    |    |    |
| 158 | Rider 158        | 2:24.199 | 2:24.549 | 2:23.828 | 2:20.640 | 2:16.459 |          |          |   |   |    |    |    |    |    |    |
| 159 | Rider 159        | 2:28.045 | 2:31.840 | 2:30.665 | 2:30.651 | 2:29.227 |          |          |   |   |    |    |    |    |    |    |
| 161 | Rider 161        | 2:17.908 | 2:21.271 | 2:08.550 | 2:10.400 | 2:09.776 | 2:08.892 |          |   |   |    |    |    |    |    |    |
| 162 | Rider 162        | 2:17.406 | 2:21.356 | 2:15.423 | 2:13.698 | 2:14.084 | 2:15.292 |          |   |   |    |    |    |    |    |    |
| 163 | Rider 163        | 2:13.966 | 2:09.266 | 1:59.452 | 1:59.123 | 2:06.784 | 2:03.526 | 2:26.815 |   |   |    |    |    |    |    |    |
| 164 | Rider 164        | 2:11.695 | 2:12.396 | 2:11.947 | 2:07.220 | 2:02.808 | 2:04.535 | 2:01.799 |   |   |    |    |    |    |    |    |
| 165 | Rider 165        | 2:19.938 | 2:18.080 | 2:20.249 | 2:21.925 | 2:31.967 |          |          |   |   |    |    |    |    |    |    |
| 166 | Rider 166        | 2:24.008 | 2:24.732 | 2:24.380 | 2:23.168 | 2:39.303 |          |          |   |   |    |    |    |    |    |    |
| 167 | Rider 167        | 2:20.954 | 2:25.940 | 2:12.846 | 2:07.055 | 2:10.724 | 2:09.046 |          |   |   |    |    |    |    |    |    |
| 168 | Rider 168        | 2:20.474 | 2:06.068 | 2:04.411 | 2:09.807 | 2:08.728 | 2:11.163 | 2:28.625 |   |   |    |    |    |    |    |    |
| 170 | Rider 170        | 2:15.156 | 2:07.488 | 2:07.318 | 2:03.365 | 2:02.294 | 2:05.874 | 2:29.037 |   |   |    |    |    |    |    |    |
| 171 | Rider 171        | 2:14.403 | 2:10.624 | 2:04.877 | 1:59.808 | 1:58.579 | 1:57.838 | 1:57.951 |   |   |    |    |    |    |    |    |
| 172 | Rider 172        | 2:14.539 | 2:11.512 | 2:07.969 | 2:02.397 | 2:02.156 | 2:02.512 | 2:01.666 |   |   |    |    |    |    |    |    |
| 173 | Rider 173        | 2:26.718 | 2:37.488 | 2:59.404 |          |          |          |          |   |   |    |    |    |    |    |    |
| 174 | Rider 174        | 2:18.007 | 2:10.014 | 2:07.490 | 2:08.070 | 2:11.942 | 2:08.752 |          |   |   |    |    |    |    |    |    |
| 175 | Rider 175        | 2:17.722 | 2:18.393 | 2:11.322 | 2:11.478 | 2:11.052 | 2:08.532 |          |   |   |    |    |    |    |    |    |
| 176 | Rider 176        | 2:19.533 | 2:25.526 | 2:33.532 | 2:10.481 | 2:12.558 | 2:10.238 |          |   |   |    |    |    |    |    |    |
| 177 | Rider 177        | 2:26.826 | 2:22.799 | 2:21.635 | 2:20.886 | 2:17.630 |          |          |   |   |    |    |    |    |    |    |
| 182 | Rider 182        | 2:14.685 | 2:12.613 | 2:13.622 | 2:11.616 | 2:10.980 | 2:06.865 |          |   |   |    |    |    |    |    |    |
| 183 | Rider 183        | 2:14.769 | 2:13.230 | 2:13.583 | 2:11.548 | 2:15.466 | 2:10.058 |          |   |   |    |    |    |    |    |    |
| 185 | Rider 185        | 2:14.497 | 2:12.760 | 2:13.535 | 2:11.935 | 2:13.865 | 2:09.278 |          |   |   |    |    |    |    |    |    |
| 186 | Rider 186        | 2:14.506 | 2:11.003 | 2:05.033 | 2:06.259 | 2:06.016 | 2:05.205 |          |   |   |    |    |    |    |    |    |
| 265 | Rider 265        | 2:17.574 | 1:58.148 | 1:59.212 |          |          |          |          |   |   |    |    |    |    |    |    |
| 266 | Rider 266        | 2:39.997 |          |          |          |          |          |          |   |   |    |    |    |    |    |    |
| 267 | Rider 267        | 2:14.401 | 2:11.888 |          |          |          |          |          |   |   |    |    |    |    |    |    |
| 268 | Rider 268        | 2:32.360 |          |          |          |          |          |          |   |   |    |    |    |    |    |    |
| 269 | Rider 269        | 2:31.610 |          |          |          |          |          |          |   |   |    |    |    |    |    |    |
| 270 | Rider 270        | 2:23.012 | 2:21.982 |          |          |          |          |          |   |   |    |    |    |    |    |    |
| 271 | Rider 271        | 2:24.559 | 2:21.183 |          |          |          |          |          |   |   |    |    |    |    |    |    |
| 272 | Rider 272        | 2:21.652 | 2:21.519 |          |          |          |          |          |   |   |    |    |    |    |    |    |