

## Vrij Rijden - Advanced en Basic - 2023-07-17

All Laptimes are available on [www.getraceresults.com](http://www.getraceresults.com)

### Basic training Laptimes - Session 1

17 July 2023

Nbr	Name / Team name	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
177	Rider 177	2:59.357	2:47.359	2:44.904	2:41.896	3:22.838										
205	Rider 205	2:57.296	2:46.403	2:45.505	2:41.038	3:16.001										
206	Rider 206	2:59.220	2:47.772	2:44.932	2:42.012	3:20.094										
207	Rider 207	2:59.183	2:47.655	2:45.102	2:41.982	3:18.039										
208	Rider 208	3:01.120	2:46.636	2:41.032	2:37.217	3:14.068										
209	Rider 209	2:53.557	3:03.559	2:47.973	2:47.378	3:18.228										
210	Rider 210	2:57.111	2:46.629	2:44.923	2:41.537	3:17.081										
211	Rider 211	4:05.450	4:10.549	4:29.010												
212	Rider 212	2:56.339	2:46.896	2:45.538	2:40.606	3:22.075										
213	Rider 213	2:57.012	2:46.924	2:45.442	2:40.882	3:19.519										
214	Rider 214	2:44.614	2:49.507	2:45.234	2:46.419	2:50.946										
215	Rider 215	2:45.178	2:49.403	2:44.943	2:46.145	2:50.991										
217	Rider 217	2:58.594	2:46.264	2:41.354	2:37.219	3:15.716										
218	Rider 218	2:58.509	2:46.376	2:41.210	2:37.094	3:15.145										
219	Rider 219	2:56.263	2:50.738	2:55.385	2:55.137											
220	Rider 220	2:56.761	2:50.877	2:55.429	2:55.913											
221	Rider 221	2:56.730	2:50.864	2:55.521	2:55.780											
222	Rider 222	2:58.617	2:46.166	2:41.239	2:37.149	3:17.188										
223	Rider 223	2:56.965	2:50.790	2:55.376	2:56.042											
225	Rider 225	2:45.343	2:49.408	2:44.927	2:46.190	2:51.016										
227	Rider 227	2:58.531	2:46.244	2:41.109	2:36.953	3:18.057										
228	Rider 228	2:45.506	2:49.740	2:44.487	2:46.222	2:50.981										
229	Rider 229	2:59.381	2:47.660	2:44.468	2:42.952	3:16.780										
230	Rider 230	2:58.650	2:46.058	2:41.255	2:37.280	3:16.482										
231	Rider 231	2:54.033	3:02.791	2:48.042	2:47.067	3:12.516										
232	Rider 232	2:58.837	2:45.910	2:41.298	2:36.783	3:20.247										
233	Rider 233	2:58.878	2:45.921	2:41.400	2:37.068	3:21.788										
234	Rider 234	2:56.875	2:50.125	2:55.442	2:55.218											
235	Rider 235	2:56.558	2:50.491	2:55.473	2:55.748											
237	Rider 237	2:56.223	2:50.845	2:55.397	2:55.267											
240	Rider 240	3:21.551	2:58.309	3:01.419	2:58.088	3:07.993										
241	Rider 241	2:44.533	2:49.493	2:45.288	2:46.473	2:50.885										
242	Rider 242	2:53.631	3:04.106	2:47.793	2:47.103	3:15.366										
243	Rider 243	2:56.875	2:46.849	2:45.276	2:41.176	3:18.364										
244	Rider 244	2:44.594	2:49.462	2:45.257	2:46.492	2:50.839										
246	Rider 246	2:56.257	2:50.416	2:55.381	2:55.924											
247	Rider 247	2:55.546	3:01.087	2:47.467	2:47.465	3:17.931										
263	Rider 263	3:01.196	2:46.638	2:40.691	2:37.419	3:13.701										
264	Rider 264	2:44.172	2:49.971	2:45.225	2:46.483	2:50.818										
265	Rider 265	2:54.949	2:51.734	2:55.271	2:55.621											
266	Rider 266	2:57.405	2:46.433	2:45.487	2:40.965	3:14.662										
268	Rider 268	4:04.994	4:10.286	4:07.386												
269	Rider 269	2:56.573	2:50.797	2:55.688	2:55.655											
270	Rider 270	2:45.760	2:41.504	2:38.142	3:19.817											
271	Rider 271	2:55.465	2:58.028	2:48.098	2:47.457	3:10.605										
272	Rider 272	3:14.062	2:58.580	3:01.994	2:57.521	3:08.240										