

Van Zon Sprint - 2014-05-22

Reeks B - Training 1
Laptimes

22 May 2014
Zolder - 4000 mtr.

Pos	Nbr	Name / Team name	Gap	1	2	3	4	5	6	7	8	9	10	11	12
1	77	Auke Van Steenberghe		2:14.690	1:58.481	1:52.888	1:53.574	1:49.919	1:50.109	1:46.195	1:49.063	1:49.621	1:46.220		
2	44	Nico Verelst	2.402	2:16.557	2:04.029	1:58.747	1:56.220	1:55.140	1:52.597	1:50.310	1:51.119	1:50.401	1:48.597	2:08.275	
3	117	Frank Berghs	2.563	2:12.594	1:53.910	1:51.653	1:53.884	1:50.489	1:50.972	2:40.032	2:04.027	1:49.529	1:48.758		
4	53	Fons Crijnen	2.616	2:17.966	1:58.935	1:49.139	1:49.343	1:51.613	1:48.811	1:49.872	1:49.448	1:48.995	1:49.862	2:14.833	
5	96	Hans Zegers	2.961	2:15.082	1:57.131	1:53.114	1:52.870	1:51.204	1:49.700	1:51.868	1:50.120	1:49.290	1:49.156		
6	140	Ruud Smeets	3.259	2:24.246	2:05.139	1:58.572	1:53.518	1:51.856	1:53.089	1:51.370	1:52.012	1:51.100	1:49.454	2:04.420	
7	151	Grau Tunez	3.551	2:33.909	2:08.711	1:55.040	1:52.162	1:54.496	1:51.535	1:52.334	1:51.107	1:50.008	1:49.746		
8	52	Erwin Bruinings	3.923	2:10.399	2:06.716	1:58.099	1:53.692	1:54.732	1:53.120	1:51.465	1:50.118	1:50.227	1:52.564	1:51.266	
9	165	Martijn Duijkers	4.066	2:04.621	1:52.779	1:55.673	1:55.778	1:50.261	1:50.487	1:51.970	1:51.925				
10	249	Edwin Van den Heuvel	4.276	2:16.499	2:07.695	2:15.269	3:14.620	1:55.282	1:52.625	1:51.681	1:52.304	1:50.471			
11	85	Joel Rogiers	4.326	2:16.313	2:01.007	2:02.344	1:54.535	1:53.124	1:54.447	1:54.411	1:52.265	1:50.848	1:50.521		
12	121	Bruno Coolens	4.553	2:13.836	2:03.919	1:56.211	1:57.232	1:54.404	1:54.496	1:53.178	1:53.204	1:52.379	1:50.748	1:53.050	
13	104	Gunther Feyen	4.660	2:07.045	1:57.871	1:54.648	2:06.327	4:01.288	3:43.577	1:50.855	1:51.026	2:16.871			
14	83	Yanninck Lybaert	4.734	2:12.130	2:01.042	2:00.693	1:56.142	1:53.825	1:52.379	1:54.191	1:52.223	1:51.094	1:50.929		
15	79	Arjan Van de Pavert	4.811	2:28.753	2:03.630	1:58.246	1:55.347	1:54.548	1:53.976	1:53.128	1:52.237	1:51.006	2:03.236		
16	113	Dariush Alvandi	5.030	2:13.422	2:01.463	1:54.670	1:56.004	1:51.225	2:11.512	1:56.763	1:59.256	1:53.389			
17	41	Yanninck Jacops	5.103	2:18.011	2:03.513	1:58.527	1:58.872	1:58.338	1:56.646	1:53.506	1:53.594	1:52.615	1:51.298	2:18.160	
18	127	Stefan De Punder	5.166	2:18.839	2:01.973	2:01.113	2:06.963	1:54.460	1:52.571	1:55.132	1:53.834	1:51.361			
19	120	Joeri Bol	5.665	2:11.682	2:06.920	2:02.191	2:01.342	1:57.183	1:56.141	1:55.442	1:51.860				
20	64	Dimitri Briosi	5.891	2:43.192	2:02.298	1:52.086	1:52.626								
21	153	Cliff Theeuwes	5.926	2:18.389	2:10.379	2:06.721	1:59.447	1:58.498	1:55.733	1:55.143	1:53.775	1:55.142	1:52.121	2:10.448	
22	141	Kristof Strubbe	6.123	2:32.747	2:10.047	2:04.065	1:59.602	1:55.986	1:53.745	1:52.989	2:01.641	1:52.318			
23	108	Matthias Heil	6.374	2:14.111	2:02.914	2:00.598	1:57.896	1:56.466	1:55.413	1:54.026	1:53.784	1:52.569	1:53.956		
24	46	John Van Trignt	6.375	2:13.190	2:00.077	1:58.100	1:52.570	1:53.765	1:53.867	1:53.860	1:56.202	1:56.574			
25	95	Xavier Hurdebize	6.393	2:24.632	2:06.650	2:08.473	1:57.070	1:56.497	1:53.266	1:53.333	1:55.037	1:52.588	1:53.002		
26	125	Jeroen De Thay	6.469	2:16.195	2:07.037	1:59.484	1:58.104	2:01.201	1:55.220	1:54.635	1:55.796	1:54.382	1:52.664		
27	98	Ruud Engelen	6.543	2:11.525	2:01.528	1:58.588	1:57.358	1:56.177	1:56.047	1:53.584	1:52.738	1:55.739	2:08.275		
28	139	bart Smeets	6.600	2:24.329	2:05.199	2:00.581	1:56.099	1:57.181	1:55.599	1:54.020	1:53.305	1:53.809	1:52.795		
29	112	Ino Van Craen	6.630	2:14.643	2:00.820	1:54.228	1:56.025	1:52.825	1:54.518	1:53.091	1:55.910	2:05.058			
30	38	Michel Vanden Waeyenberg	6.838	2:18.633	2:00.769	1:59.579	1:55.372	1:56.637	1:53.732	1:54.153	1:53.819	1:53.343	1:53.033		
31	131	Kim Moonen	6.955	2:23.327	2:10.679	2:06.304	2:06.466	2:02.692	1:59.496	2:00.350	1:57.488	1:54.730	1:53.150		
32	118	Jakob Hertog	6.978	2:19.127	2:05.506	2:03.034	1:56.884	1:56.572	1:56.359	1:54.076	1:55.146	1:53.967	1:53.173		
33	133	Marc Heyrman	7.001	2:17.501	2:07.200	2:05.055	1:58.979	1:56.623	1:56.319	1:56.882	1:54.443	1:53.196	2:12.755		
34	149	Sabri Garchi	7.142	2:10.746	2:03.604	2:03.739	2:00.777	1:59.307	1:54.761	1:54.519	1:53.529	1:53.673	1:53.337		
35	154	Benny Teppers	7.435	2:29.513	2:03.389	1:59.971	3:09.910	4:49.698	1:54.900	1:53.630	2:18.248				
36	214	Arnold De Jong	7.498	2:20.736	2:02.877	1:59.092	1:59.161	1:58.316	1:59.240	1:55.495	1:53.693	1:53.928	1:55.229		
37	100	Renato Lybaert	7.627	2:13.152	2:02.608	1:58.103	1:57.762	1:55.856	1:54.916	1:53.822	1:54.334	1:54.662	2:15.154		
38	70	Jean Depret	8.017	2:24.770	1:59.961	1:57.304	1:57.891	1:57.200	1:56.690	1:56.967	1:54.212	1:56.049			
39	63	Yanninck Taverniers	8.030	2:19.412	2:02.539	1:59.529	1:58.974	1:58.007	1:56.677	1:55.039	1:54.225	1:55.608	1:55.147	2:16.385	
40	143	Cedric Vercruysse	8.111	2:06.934	2:03.709	2:00.893	1:59.484	1:56.817	1:55.761	1:55.409	1:54.757	1:55.122	1:54.306		
41	554	Gert Bertels	8.468	2:32.822	2:15.499	2:07.835	2:04.400	1:59.030	2:00.215	1:57.124	1:56.374	1:54.663	2:14.759		
42	142	Pim Van den Berg	8.622	2:10.945	2:02.790	2:00.556	1:59.279	1:56.001	1:57.315	1:56.208	1:54.817	1:55.102			
43	129	Gerrit Leskens	8.757	2:25.574	2:00.673	1:58.437	1:59.999	1:57.226	1:55.781	1:55.634	1:57.014	1:55.138	1:54.952		
44	24	Bjorn Depret	9.036	2:24.033	2:03.435	2:00.765	2:01.514	1:57.749	1:55.231	1:55.286	2:03.893	2:13.659			
45	130	Jeff Dekker	9.376	2:21.505	2:01.816	1:56.841	2:03.132	1:57.087	1:55.571	1:55.887	1:56.508	1:55.755			
46	134	Wim Lambert	9.577	2:16.093	2:08.028	1:57.184	1:57.208	1:57.756	1:55.772	1:59.980	1:58.748	2:17.068			

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Pos	Nbr	Name / Team name	Gap	1	2	3	4	5	6	7	8	9	10	11	12
47	145	Thomas Debaveye	10.058	2:23.031	2:07.654	2:05.548	2:03.476	2:00.415	1:57.981	1:57.307	1:56.532	1:56.253			
48	103	Peter Thienpont	10.086	2:15.912	2:08.403	2:01.970	2:00.274	1:56.281	1:57.076	1:57.242	1:56.994	1:56.976	1:57.482		
49	144	Dris Hmimsa	17.979	2:22.629	2:12.114	2:10.107	2:09.404	2:04.174	2:23.839						
50	454	Yves Dirkx		2:16.613	2:15.942										