

Cursus - sessie 6 Laptimes

31 May 2013
Zolder - 4000 mtr.

Pos	Nbr	Name / Team name	Gap	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
1	235	nummer 235		2:21.134	2:05.947	2:02.452	1:59.969	2:06.670	1:54.637	1:58.625	1:48.296	1:46.598	1:52.335								
2	152	nummer 152	4.373	2:20.559	1:53.852	1:54.643	1:54.097	1:55.591	1:52.121	1:50.971	1:51.729	1:52.706	1:51.905								
3	227	nummer 227	5.041	2:21.495	2:12.845	2:08.678	2:12.592	2:14.260	2:05.862	1:54.529	1:51.639	2:04.027									
4	151	nummer 151	5.337	2:04.833	1:52.769	1:53.070	1:54.864	1:53.374	1:51.935	1:52.430	1:52.895	1:56.562	2:23.162								
5	162	nummer 162	6.070	2:21.992	2:01.549	1:57.215	1:54.172	1:52.885	1:53.031	2:01.517	1:54.859	1:52.780	1:52.668								
6	143	nummer 143	7.410	2:20.060	2:05.567	2:01.789	1:57.763	1:54.481	1:54.008	1:56.267	1:54.550	1:55.502	1:54.983								
7	160	nummer 160	9.236	2:22.107	2:05.681	2:00.472	1:59.186	1:59.044	1:58.461	1:59.341	1:55.834	1:58.089	1:57.548								
8	153	nummer 153	9.533	2:23.911	2:04.727	2:00.431	1:57.890	2:01.604	1:57.690	1:58.940	1:59.193	1:57.450	1:56.131								
9	232	nummer 234	9.536	2:10.913	2:02.939	1:59.016	1:57.319	1:56.134	1:58.801	2:03.777	1:56.777	1:58.305	2:29.826								
10	164	nummer 164	9.619	2:10.897	2:03.078	1:58.542	1:57.207	1:56.217	1:57.461	2:03.735	1:57.156	1:58.878	2:20.492								
11	146	nummer 146	10.087	2:21.113	1:57.642	1:58.639	1:58.179	1:59.059	1:58.346	1:57.933	1:57.567	1:56.685	1:57.375								
12	222	nummer 222	10.240	2:21.269	2:13.191	2:09.930	2:10.818	2:11.361	2:10.431	1:56.838	2:23.849										
13	233	nummer 233	10.664	2:29.071	2:04.865	2:01.820	1:57.262	1:57.480	1:59.709	1:58.160	2:04.536	2:08.848	2:23.897								
14	148	nummer 148	11.603	2:25.090	2:00.882	1:59.082	1:58.915	2:00.313	1:58.201	1:58.424	1:59.929	1:59.271	1:58.939								
15	234	nummer 234	11.905	2:27.738	2:01.476	2:01.381	1:58.848	2:01.468	2:03.109	1:58.583	1:58.574	1:58.503	1:59.241								
16	236	nummer 236	12.032	2:11.685	2:06.949	2:04.723	2:05.680	2:05.019	1:58.630	2:00.097	1:59.347	2:22.266									
17	147	nummer 147	12.040	2:24.802	2:01.983	2:01.034	1:59.091	2:01.400	2:02.846	1:59.124	1:58.652	1:58.638	1:59.079								
18	145	nummer 145	12.151	2:16.125	2:04.918	2:01.783	1:59.943	2:00.483	1:58.749	2:00.062	1:59.274	2:00.443									
19	142	nummer 142	13.220	2:20.898	2:04.953	2:01.148	2:00.384	2:00.603	2:01.638	1:59.818	2:13.721										
20	154	nummer 154	13.509	2:29.233	2:04.957	2:04.293	2:03.485	2:03.556	2:02.201	2:08.731	2:00.107	2:00.274	2:24.809								
21	161	nummer 161	13.675	2:25.425	2:06.851	2:02.944	2:01.809	2:01.470	2:03.132	2:01.611	2:02.714	2:00.273	2:22.766								
22	223	nummer 223	13.756	2:31.382	2:00.642	2:02.660	2:01.326	2:05.263	2:02.204	2:07.712	2:00.354	2:01.461	2:29.796								
23	158	nummer 158	14.135	2:19.589	2:05.193	2:00.733	2:00.913	2:06.863	2:09.990	2:07.678	2:13.849	2:29.165									
24	149	nummer 149	16.840	2:16.161	2:07.093	2:09.218	2:06.428	2:04.838	2:05.035	2:05.132	2:06.188	2:03.438									
25	157	nummer 157	16.994	2:25.060	2:07.231	2:06.367	2:04.421	2:03.703	2:03.592	2:07.762	2:07.251	2:09.464	2:28.601								
26	150	nummer 150	17.004	2:14.752	2:08.123	2:06.757	2:05.578	2:06.902	2:06.910	2:05.729	2:05.420	2:03.602									
27	224	nummer 224	17.011	2:24.587	2:07.726	2:07.262	2:05.255	2:03.661	2:03.609	2:07.427	2:06.046	2:10.276	2:33.956								
28	167	nummer 167	17.958	2:21.780	2:11.034	2:29.072	2:42.450	2:05.342	2:23.308	2:33.408	2:04.556										

Cursus - sessie 6 Laptimes

31 May 2013
Zolder - 4000 mtr.

29	144	nummer 144	18.156	2:11.761	2:05.988	2:04.754	2:13.484	7:31.541	2:06.785	2:24.281										
30	159	nummer 159	21.378	2:24.538	2:14.055	2:12.214	2:10.539	2:09.539	2:11.671	2:08.142	2:07.976	2:28.015								
31	166	nummer 166	21.711	2:23.324	2:12.396	2:11.310	2:12.319	2:11.825	2:11.844	2:11.584	2:08.309	2:24.543								
32	163	nummer 163	23.436	2:23.633	2:13.437	2:10.034	2:10.945	2:11.095	2:13.924	2:11.526	2:11.282	2:30.106								
33	141	nummer 141	29.815	2:32.394	2:23.013	2:19.173	2:19.989	2:17.111	2:18.123	2:18.127	2:16.413	2:42.802								